Served until 12:00

MF77FS

Tzatziki	8
Tuna salad	8
Pesto	8
Smoked salmon	16
Platter of hard cheeses	24
Assorted olives and cornichons	14

SANDWICHES

Made with ciabatta (white or whole wheat), and served with a small salad

Tuna sandwich Tuna salad, pickled lemon spread, tomato and arugula	44
Omelette sandwich Aioli parmesan, arugula, cucumber and green onion	42
Smoked salmon sandwich Cream cheese, green onion, avocado and arugula, served on a bagel	48
Camembert sandwich Pesto, roasted peppers, arugula, pear and balsamic vinegar	46
Reuben sandwich Home pickled, red tuna, mustard aioli, pickles, red onion, lettuce, semi-hard-boiled egg	56

MINI SANDWICHES

Made with whole wheat rolls with seeds and nuts

Mini Tuna Tuna salad, pickled lemon, tomato and arugula	16
Mini Omelette Aioli parmesan, arugula, cucumber and green onion	14
Mini Smoked Salmon Cream cheese, green onion, avocado and arugula	22
Mini Camembert Pesto, roasted peppers, arugula, pear and balsamic vinegar	16

CHILDREN

Children's Morning

Two scrambled eggs, cut up vegetables, cream cheese, bread and hot/cold chocolate 39 milk

Children's Toast

Sliced loaf bread, tomato sauce, mozzarella, 39 served with hot/cold chocolate milk

Our breakfasts are served with assorted breads, personal-sized salad, cheeses, dips, personal-sized muesli, freshly squeezed juice and your choice of hot

drink (soy milk add'l. 2 ₪)	
Morning for Two Choice of frittata or eggs	119
Israeli Choice of eggs	62
Shalva Morning Omelette with choice of topping (onion, mushroom, mozzarella, herbs, feta cheese, gouda, tomatoes)	64
Frittata reggiano Zucchini, onion, spinach, potato, and parmesan	64
Green frittata Spinach, asparagus, herbs and parmesan	64



Symbol indicates vegan option. Ask your waiter.



AND MORE....

	Croque Madame Toasted brioche, gouda, smoked salmon, béchamel-mustard sauce, spinach, sunnyside egg, served with a small salad	56
	French Toast Brioche dipped in vanilla sauce, whipped cream and seasonal fruit salad	38
Ø	Santorini Fava Yellow split-pea puree, with pickle, onion and olives, served with pretzels and small salad	48
	Muesli Goat's yogurt served with seasonal fruit salad, granola and silan	36
	Quiche of the Day Served with small salad and tzatziki	44

Served in a hot skillet with ciabatta, tehina and a small salad Tomato Shakshouka Two eggs cooked in a stew of tomatoes, garlic, onion and peppers (cheese - add'l 8n) Green Shakshouka Two eggs in creamed spinach and chili Mushroom and Goat Cheese Shakshouka Two eggs with assorted seared mushrooms 52 and medallions of goat cheese



Lettuce, cucumbers, tomatoes, red onion, Kalamata olives, peppers and feta, with an olive oil and lemon dressing

52

52

48

48

Fatoush Salad

Cucumbers, tomatoes, peppers, Kalamata olives, red onion, chili, mint, radish, parsley, green onion and za'atar croutons, served with a lemon and olive oil dressing

Nicoise Salad

Lettuce with an aioli Caesar dressing, seared red tuna (medium rare), potatoes, semi hard-boiled egg, green beans, Kalamata olives, tomatoes, cucumbers, red onion in a lemon and olive oil dressing

58

Toast Salad

Mushrooms and cubes of mozzarella toast sautéed in butter, served on a bed of lettuce and arugula, with an aioli parmesan dressing, tomatoes, cucumbers, red onion, carrots and fresh beets

Hot mushrooms on a bed of assorted lettuce, red onion, cucumber, beets, nuts, pine nuts, sunflower seeds, goat cheese, in a silan vinaigrette dressing

64

62

Caesar Salad

Hearts of lettuce in a Caesar dressing, with grated parmesan, red onion, semi hard-boiled egg, za'atar croutons and smoked salmon

Red and white quinoa, black lentils, craisins, walnuts, goji berries, parsley, mint, arugula, carrot and apples, in a silan vinaigrette dressing



HOT DRINKS

Espresso short/long	7
Double espresso short/long	9
Macchiato	8
Cortado	9
Cappuccino short/long	10/13
Instant coffee	10
Instant coffee with milk	12
Americano	10
Turkish coffee	8
Tea with mint	10
Body & Soul: Ginger, honey and lemon	13
Chocolate milk	10
Milk with melted Belgian chocolate	16
Hot cider with cinnamon	15
Sachlav: with nuts, cinnamon and coconut (winter only)	16

SOFT DRINKS

Coca Cola / Diet Coke / Zero	11
Sprite / Zero	11
Prigat clear cider	13
Iced tea	12
Cold coffee (with ice cubes)	13
Ice coffee (smoothie)	16
Lemonade	12
Mint lemonade (pitcher)	42
Crushed ice lemonade with fresh mint leaves (summer)	15
Fresh squeezed: carrot / orange or mix	14
Pitcher of fresh squeezed: carrot / orange or mix	46
Kinley seltzer	8
Mineral water	8

SHAKES (Summer only)

Seasonal fruits	24
Milkshake	24

BEER

Carlsberg	24
Tuborg	24
Stella Artois	28

